

Wellfleet

Maryland Network Adequacy Access Plan Executive Summary 2020

With Cigna PPO and OAP Network

OAP and PPO	
<ul style="list-style-type: none"> List the total number of certified registered nurse practitioners counted as a primary care provider. List the total percentage of primary care providers who are certified registered nurse practitioners. 	Nurse Practitioners provide primary care services to Cigna enrollees in accordance with our policy; however, Cigna's reporting system does not currently distinguish Nurse Practitioners by specialty.
<ul style="list-style-type: none"> List the total number of essential community providers in the carrier's network. List the total percentage of essential community providers available in the health benefit plan's service area who are participating providers. 	Cigna's network does include Essential Community Providers; however, Cigna's reporting system does not currently distinguish Essential Community Providers.

Medical, Behavioral Health and Substance Use Disorder Appointment Waiting Time Survey*		Results
Urgent care (including medical, behavioral health, and substance use disorder services)	72 hours	91%*
Routine Primary Care	15 calendar days	100%
Preventive Visit/Well Visit	30 calendar days	100%
Non-urgent Specialty Care	30 calendar days	100%
Non-urgent Behavioral Health/Substance Use Disorder Provider	10 calendar days	96%*

*The wait time standards are determined through third party assessment as opposed to first hand data directly from providers. As a result, they are at best an approximation of what patients experience but are not a complete picture. This metric is affected by geographic distribution of providers and availability of certain specialties. Cigna's network is currently open and accepting providers and facilities that meet credentialing requirements and will agree to contract terms.

Telehealth appointments; Telemedicine/Telehealth appointments are not currently captured in the Appointment Waiting Time Analysis.

Below PPO and OAP data will be provided under separate cover.

PPO	Urban ¹		Suburban ²		Rural ³	
Provider-to-Enrollee Ratio Standards	Ratio	Enrollees with access	Ratio	Enrollees with access	Ratio	Enrollees with access

1: 1,200 Primary Care						
1: 2,000 Pediatric Care						
1: 2,000 Obstetrical/ Gynecological Care						
1: 2,000 Behavioral Health Care or Service						
1: 2,000 Substance Abuse Disorder Care and Services						

OAP	Urban¹		Suburban²		Rural³	
Provider-to-Enrollee Ratio Standards	Ratio	Enrollees with access	Ratio	Enrollees with access	Ratio	Enrollees with access
1: 1,200 Primary Care						
1: 2,000 Pediatric Care						
1: 2,000 Obstetrical/ Gynecological Care						
1: 2,000 Behavioral Health Care or Service						
1: 2,000 Substance Abuse Disorder Care and Services						

¹ “Urban area” means a zip code that, according to the Maryland Department of Planning has a human population equal to or greater than 3,000 per square mile.

² “Suburban area” means a zip code that, according to the Maryland Department of Planning has a human population equal to or greater than 1,000 per square mile but less than 3,000 per square mile.

³ “Rural area” means a zip code that, according to the Maryland Department of Planning has a human population of less than 1,000 per square mile.